



PRIVACY POLICY
MARTA PALANCAR POVEDA
NUTRITION COACH AND PERSONAL TRAINER
ENGLISH VERSION

Marta Palancar Poveda, Nutrition Coach and Personal Trainer, respects the privacy of visitors to its website, the rights of visitors regarding the automated processing of personal data. Because of complete transparency with my customers, I have therefore formulated and implemented a policy regarding these processing operations by themselves or by third parties, its purpose and the possibilities to exercise your legal rights in the best possible way. If you require any additional information about the protection of personal data, please visit the website of the Canadian Data Protection Authority

<https://www.priv.gc.ca/en/>

Until you accept the use of cookies on the website, we do not place cookies on your computer, mobile phone or tablet. With the continued visit of this website you accept these terms of use and you accept the use of cookies and other tracking systems unless we have provided for another method of accepting cookies on our website.

Article 1 Legal information

Website: www.mpphealthcoach.com (hereinafter also: " the website ").

Administrator: Responsible for the processing of personal data: Marta Palancar Poveda, Nutrition Coach and Personal Trainer, also called MPP Coach, established in Vaudreuil-Dorion, Quebec, Canada, number 2275327767 and legally represented by Ms. Marta Palancar Poveda.

Article 2 Access to the website

The access to the website and the use is strictly personal. This website may only be used for commercial, political or other purposes if the administrator has given written permission for this.

Article 3 Content on the website

All brands, images, texts, comments, illustrations, video images, sounds and technical applications that can be used to make the website work are protected by intellectual property law. Reproduction, repetition, use or modification in any way whatsoever without the prior written permission of the manager is strictly prohibited. If the administrator does not take immediate action, this cannot be interpreted as consent or the waiving of legal measures.

Article 4 Website management

For the proper management of the website, the administrator can at any time: suspend, interrupt or limit access to certain categories of visitors; all information can be removed from the website; remove all information that is contrary to national or international law; make the website temporarily unavailable to perform updates.

Article 5 Liability The administrator is in no way responsible for failures, malfunctions, difficulties or interruptions in the functioning of the website. The administrator is not liable for legal proceedings against you because of the use of the website or for violating this privacy statement. The administrator is not responsible for any damage that you incur

yourself or third parties or your equipment as a result of your connection to or use of the website.

Article 6 The collection of data

1. Your data is collected by www.mpphealthcoach.com under the Canadian General Data Protection Regulation
2. The personal data collected on the website can mainly be used for providing coaching services as indicated in our terms and conditions, our accounting, complying with our legal and legal obligations, recruitment and selection, marketing and communication activities. The administrator can use your personal data for commercial purposes. The purposes are based on an agreement, legal obligation or based on your permission.

Article 7 Your rights

The customer has the right access, update, and correct inaccuracies in their personal information in our custody and control, subject to certain exceptions prescribed by law. You may request access, updating and corrections of inaccuracies in personal information we have in our custody or control by emailing or writing to us at the contact information set out below. You can exercise these rights by contacting us at life@mpphealthcoach.com. Every request must be accompanied by a copy of a valid proof of identity, on which you have signed and stating the address where you can be contacted. You will receive a reply no later than one month after the submitted request. If the request is complex, this period can be extended by two months.

Article 8 Processing of personal data

The applicable national and international laws and regulations regarding the processing of personal data apply to this privacy statement. In the event of any violation of any laws and regulations that the visitor is suspected of and for which the authorities need personal information that the administrator has collected, this will be provided to them after an explicit and reasoned request from those authorities, after which these personal data will no longer be covered by the protection of the provisions of this privacy statement.

Article 9 Data retention period

The information collected by the administrator of the website is used and stored for the duration as determined by law.

Article 10 Cookies A cookie is a small text file that is placed on the hard disk of your computer when you visit our website. A cookie contains certain information so that you can be recognized as a visit when you visit our website. We use the following cookies on our website: - functional and required cookies: allow visitors to navigate and use important functions on our website; - analytical and performance cookies: to collect information about how visitors interact with the website

www.mpphealthcoach.com processes data with and / or via cookies from Bookmark.

Article 11 Applicable law Canadian law applies to this privacy statement. The court of the administrators place of business is exclusively competent in the event of disputes regarding these terms and conditions, except where a legal exception applies.



Article 12 Contact For questions about services or information about the website itself, please contact Marta Palancar Poveda, life@mpphealthcoach.com.

Last modified on May 16, 2021



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NUTRITION
& EXERCISE